

# newsletter



*Mountain Rose Women's Shelter*  
*presents*  
*Romance n' Roses*  
*Masquerade Gala*

*Early Bird Prize*  
*Win for buying early*  
*4 tickets to*  
*Jubilations Dinner Theater*  
*in Edmonton*  
*and*  
*\$250.00 Visa Gift Card*  
*Generously donated by*  
*On The Mend*  
*Rocky Mountain House*  
*Draw Date*  
*Noon, January 30, 2014*  
*License # 371474*

*A Dinner Auction Fundraiser*  
*featuring*  
*Danny Hooper*  
*as MC and Auctioneer*

*Tickets*  
*\$45 each*  
*\$350 for table of 8*

*For more information call Mountain*  
*Rose Women's Shelter: 403-845-5339*  
*Or Century 21 West Country*  
*403-845-7772*

*Friday February 28, 2014*  
*Lou Soppit Community Center*  
*Cocktails at 6pm*  
*Dinner at 7pm*

**Mission Statement:** The Mountain Rose Women's Shelter Association is a non-profit charitable organization that provides resources and support to individuals and families impacted by domestic violence in the Town of Rocky Mountain House and Clearwater County.



**Message from the Executive Director**

*“What is Christmas? It is tenderness for the past, courage for the present, hope for the future. It is a fervent wish that every cup may overflow with blessings rich and eternal, and that every path may lead to peace”*

*~Agnes M. Pahro*

This is the season when each of us tenderly looks back on the past year to evaluate our successes and challenges. From this review, we take stock of the present and we hope for the future. This is no different for MRWSA as an organization, as a support service, and as a life line for women and children in crisis.

This past year, the MRWSA Board of Directors completed a year of board governance training, updated policies and procedures, expanded services, and built a solid organizational foundation that supports us today and equips us for the future.

For the women & children who access MRWSA services, this is also the evolution that they go through: past is domestic violence; present is safety and the courage to move out of domestic violence; future is the hope to live in peace. For these women and children, it is neither the Christmas season nor the time of year that brings living with domestic violence into focus. Yes, the Christmas season obfuscates things but it is the complications and many aspects of domestic violence that brings it to focus. Therefore it is MRWSA’s *“fervent wish that every cup may overflow with blessings rich and eternal, and that every path may lead to peace”* during this Christmas season and in the coming year.

*“I write for those women who do not speak, for those who do not have a voice because they were so terrified, because we are taught to respect fear more than ourselves. We’ve been taught that silence would save us, but it won’t.”*

**Audre Lorde**

Take a stand against Domestic Violence by volunteering with Mountain Rose Women’s Shelter. Call 403-845-5339 for more information.

**“Festival of Trees”**



**Board of Directors**

- |                       |                           |
|-----------------------|---------------------------|
| <b>President</b>      | <b>Joanne Latter</b>      |
| <b>Vice President</b> | <b>Jeannette Sandstra</b> |
| <b>Member</b>         | <b>Helen Benoit</b>       |
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| <b>Member</b>         | <b>Susan Scott</b>        |
| <b>Secretary</b>      | <b>Anne Murphy</b>        |
| <b>Treasurer</b>      | <b>Bonnie Zuberbier</b>   |



*Christmas season is upon us. It is a time of joy and celebration. We spend time with our loved ones enjoying good food and great company. The little ones in our lives are excited to see what Santa will bring.*

*For our women and children, Christmas may not look so joyful. Spending the holidays in a shelter may not be a celebration. It can be the most stressful time of year for a mother and her children.*

*With the donations that we receive from our generous community, we are able to give mothers and children a Christmas they deserve. Because of our wonderful community, many women and children will have a great Christmas. Kids will have gifts to open and mom will have food to make a delicious meal for her family.*

*We are so very thankful to be part of this most giving and blessed community.*

*From all of our moms and kids, we thank you from the bottom of our hearts and wish you the merriest Christmas possible.*

#### **NEW SERVICE**

MRWSA partners with CASASC (Central Alberta Sexual Assault Support Centre)

*Stacey, Sexual Assault Counsellor* is available for an appointment

on Wednesday or Thursday in Rocky Mountain House

call 403.340.1124

*Services for individuals Affected by Sexual Assault Offered at No Cost*

**Check out MRWSA Facebook page for more news, information and programs.**

**Check out MRWSA Website <http://mrwsa.albertashelters.com/index.php>**

#### **....upcoming event**

*Mountain Rose Women's Shelter Association* presents *Romance 'n Roses Masquerade Gala 2014*

For information or if you would like to sponsor this event please call 403-845-5339, fax 403.8452124 or email [ceaston@mrwsa.net](mailto:ceaston@mrwsa.net). We look forward to seeing the support of our community! **Tickets are on sale now!**



**As a Community Member, I Support Mountain Rose Women's Shelter Association**

by giving a gift of \$ \_\_\_\_\_ by giving a monthly gift of \$ \_\_\_\_\_

**Name:** .....

**Address:** .....

**City:** ..... **Province:** ..... **Postal Code:** .....

**Home Phone:** ..... **Cell Phone:** .....

**Email Address:** .....

would like volunteer information would like to sponsor an event would like to do a third party event

Please mail your completed form and make cheque(s) payable to:

Mountain Rose Women's Shelter Association  
Box 325  
Rocky Mountain House AB T4T 1A3

**Project & Grant Supporters**



Next to New Store

Town of Rocky Mountain House

Hospitallers Order of St. John of Jerusalem

GOVERNMENT OF ALBERTA Community Spirit Program/Human Services Ministry

**Thank you to all event sponsors, community donors & volunteers**

Incorporated under the Canada Revenue Agency Charities Act, Alberta's Society Act and Alberta's Charitable Fundraising Act.

You are receiving the Mountain Rose Women's Shelter Association's e-Newsletter because you are currently or have historically supported MRWSA as a volunteer, member or community supporter. If by chance your email address was added by mistake, please accept our apology and contact [ldallacosta@mrwsa.net](mailto:ldallacosta@mrwsa.net) to be removed from our e-mailing list.

Each edition will include valuable information about our agency, such as dates for special events, information about domestic violence, ways to get involved, and highlights about our programs and services. Please feel free to contact [ceaston@mrwsa.net](mailto:ceaston@mrwsa.net) directly if you have ideas for future newsletters, any comments, questions or concerns.