# newsletter





Mission Statement: The Mountain Rose Women's Shelter Association is a non-profit charitable organization that provides resources and support to individuals and families impacted by domestic violence in the Town of Rocky Mountain House and Clearwater County.



## **Message from the Executive Director**

"It is tenderness for the past, courage for the present, hope for the future. It is a fervent wish that every cup may overflow with blessings rich and eternal, and that every path may lead to peace." - Agnes M. Pharo

This was a difficult year in our society with a downturned economy, war throughout the world, violence in our country and abroad, and polarizing opinions being broadcast in media. I wonder about our humanity as a nation, as a people and as individuals.

Then December rolls around and I witness the humanity we have in our community. Yes, in Rocky Mountain House, our little corner of the world. I see the 'tenderness for the past, courage for the present, hope for the future. Community members gift their time, their money, and their spirits to bring the joy of Christmas to those less fortunate. Shortcomings and missteps of the past year are forgiven and there is a renewed hope for a brighter future.

December is the month that helps to remind me that this sense of community... this feeling of spirit... is here every day of the year. Even with all the struggles we witness here and around the world, the people in this community of Rocky Mountain House come together in challenges and in celebrations.

It is my 'fervent wish that every cup overflow with blessings rich and eternal, and that every path may lead to peace'.

On behalf of the women and children fleeing domestic violence, I thank you for all of your support this past year and in the future.

#### Merry Christmas





# Mountain Rose Women's Shelter Community Engagement Program

Mountain Rose Women's Shelter Volunteer Program has expanded to include all forms of community engagement. **Community engagement** refers to the process by which community benefit organizations and individuals build ongoing, permanent relationships for the purpose of applying a collective vision for the benefit of a community.

What does this mean for Mountain Rose Women's Shelter Association?

Shelley Little, Community Engagement Coordinator, is responsible for developing, implementing and maintaining a positive and active community engagement program to provide systems navigation and support to women, children and families accessing any MRWSA Services. The goal of this position is to build community capacity to support client goals that bridges cross-sectors of engagement that is participatory, inclusive, deliberative, and collaborative. The second aspect of Shelley's role is to enable community members to become active, contributing participants to help Mountain Rose Women's Shelter Association achieve our mandate and goals.

For more information regarding this expanded program, please contact Cindy Easton or to become "engaged" contact Shelley Little.







#### **Board of Directors**

President Jeannette Sandstra
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# Mountain Rose Women's Shelter Association

# **Community Support**



Husky Energy Spring Swing Charity Golf Classic held on July 24, 2015 raised \$11,000 in support of women and children fleeing domestic violence.



Alberta Ladies Petroleum Classic (ALPC) golf tournament held on Friday, September 11th, 2015 raised \$16,104.65 in support of women and children fleeing domestic violence.



Keyera Energy donated October 27th, 2015 four sets of home furnishings in support of families moving into safe, affordable housing.





Shopper's Drug Mart "Growing Women's Health fundraiser" held October & November 2015 raised \$10,506 in support of women and children fleeing domestic violence.

We are deeply grateful for the ongoing support from the above organizations and for all our donors that have contributed throughout the year.

**Emergency Crisis Line:** if you or anyone you know is experiencing violence contact the Crisis Line at 877-845-4141 to speak to a Crisis Worker.

Check out MRWSA Facebook page for more news, information and programs.

Check out MRWSA Website http://mrwsa.net

#### newsletter - Winter 2015



As a Community Member, I Support Mountain Rose Women's Shelter Association
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Please mail your completed form and make cheque(s) payable to:  Interact is now available
Mountain Rose Women's Shelter Association
PO Box 325
Rocky Mountain House AB T4T 1A3
Nocky Mountain House AD 141 1M3

# **Project & Grant Supporters**

















Next to New Store

Canada

This project is funded by the Government of Canada's Homelessness Partnering Strategy

**Town of Rocky Mountain House** 

**GOVERNMENT OF ALBERTA Human Services Ministry** 

### Thank you to all event sponsors, community donors & volunteers

Incorporated under the Canada Revenue Agency Charities Act, Alberta's Society Act and Alberta's Charitable Fundraising Act.

You are receiving the Mountain Rose Women's Shelter Association's e-Newsletter because you are currently or have historically supported MRWSA as a volunteer, member or community supporter. If by chance your email address was added by mistake, please accept our apology and contact <a href="mailto:ldallacosta@mrwsa.net">ldallacosta@mrwsa.net</a> to be removed from our e-mailing list.

Each edition will include valuable information about our agency, such as dates for special events, information about domestic violence, ways to get involved, and highlights about our programs and services. Please feel free to contact <a href="mailto:ceaston@mrwsa.net">ceaston@mrwsa.net</a> directly if you have ideas for future newsletters, any comments, questions or concerns.